

EASTERN CANADA

REGIONAL FORUM

August 23-25, 2024

You are invited to the Eastern Canada Regional Forum!

PURPOSE OF REGIONAL FORUMS

- ▶ Regional Forums are hosted by the A.A. General Service Board and “open” to all A.A. members or to anyone interested in A.A.
- ▶ Regional Forums are designed to enhance trust and communication between A.A. members, the General Service Board, and Staff and Directors from the General Service Office and AA Grapevine.

PROGRAM

- ▶ Your Eastern Canada Regional Trustee will moderate the event. You will also hear from General Service Office Staff Members, the General Manager, General Service Board Trustees, AA Grapevine, Inc. Publisher and Staff, A.A. World Services, Inc. Director, your Region’s Delegates, and past Trustees
- ▶ There will be presentations, workshops, panels, and more. There will also be sharing sessions to allow for comments and questions. A sample program is posted on www.aa.org under the Regional Forums tab.
- ▶ The event will take place from Friday at 6:30 p.m. through Sunday, 12:00 p.m.

REGISTRATION

- ▶ Registration is **FREE** and will open online at www.aa.org on June 24, 2024.
- ▶ All registration information is confidential and will not be used for anything except communicating about the event and sending the digital Final Report.
- ▶ Pre-registration is encouraged, and on-site registration will be available.

HOTEL INFORMATION

Delta Hotel Prince Edward
101 Lyon St. N, Ottawa, ON, K1R 5T9

- ▶ **For hotel reservations:** <https://www.marriott.com/event-reservations/reservation-link.mi?id=1701369931069&key=GRP&app=resvlink> or call: (613) 237-3600
- ▶ July 22, 2024 is the room reservation deadline.
- ▶ **Rate:** \$199-\$259 per night U.S. or Canadian
 - Reference the event to receive the group rate.

We look forward to seeing you in Ottawa!

For more information, please contact the Regional Forums Staff Coordinator, at regionalforums@aa.org or call (212) 870-3120.

Sunday, August 25, 2024 Final Session 9 a.m. – 12 p.m.	Int'l Ballroom
7:30	AA Meeting hosted by Area 83 – Int'l Ballroom
8:30-10	Registration Open
9-9:45	Sharing from Past Trustees Moderator Scott H., GSB Chair
9:45-10:45	First-Time Attendees Sharing Session Moderator Joyce S., ECRT
10:45-10:55	Break
10:55-11:40	Ask-It-Basket Questions Moderator Bob W., GM GSO
11:40	Closing Remarks Joyce S., ECRT Bob W., GM GSO Scott H., GSB Chair
12	Forum Adjourns
Please fill out the Feedback Questionnaire	

“Dr Jack (Dr. John Norris, Class A Trustee) believed that the burgeoning growth of A.A. could result in a loss of communication among our service entities-the General Service Office, its Board, the Grapevine staff, and the Fellowship at Large. Thus, Regional Forums were designed to keep us in touch.” *Reprinted from (Box 459 1990 Aug/Sept), with permission of A.A. World Services, Inc.*

**Please plan to attend the 2026 Eastern Canada Regional Forum
August 21-23, 2026, at Hôtel Mortagne in Boucherville, QC**

Thank you for coming!

2024 Eastern Canada Regional Forum August 23 - 25, 2024 Ottawa, Ontario	
Friday, August 23, 2024	International (Int'l) Ballroom
4-8 p.m.	Registration Open
6-6:30 p.m.	Informal Meet and Greet All Board Members, Staff and Attendees
6:30 p.m.-9:30 p.m.	Opening Session Int'l Ballroom
6:30 Forum Called to Order – Joyce S, Eastern Canada Regional Trustee (ECRT) 6:30-6:50 Welcome and Opening Remarks – Joyce S., ECRT 6:50-6:55 Scott H., General Service Board (GSB) Chair 6:55-7 Bob W., General Manager (GM), General Service Office (GSO)	
7-7:30	Delegate Presentations Moderator Joyce S., ECRT
<ol style="list-style-type: none"> 1. Virtual Areas – James O., Area 83, Eastern Ontario 2. Remote Communities – André D., Area 87, SW Quebec In French with English Interpretation 3. Overcoming the Barriers to Participation–Debbie L., Area 90, NW Quebec In French with English Interpretation 	
7:20-7:30	Q&A
7:30-7:45	Break
7:45-8:30	General Service Board Presentations Moderator Bob W., GM, GSO
7:45-8:05	General Service Board – Scott H, GSB Chair
8:05-8:15	Annual General Service Conference – Joyce S., ECRT
8:15-8:30	Q&A
8:30-9:30	What's on Your Mind? Moderator Bob W., GM, GSO
9:30	Session Closes

Saturday, August 24, 2024 9a.m.-12:30 p.m. Morning Session	Int'l Ballroom
7:30 AA Meeting hosted by Area 83 – Int'l Ballroom	
8:30 a.m. - 8 p.m. Registration (Closed for Lunch and Dinner Break)	
9-10:15 AAWS Board & Your GSO Moderator Scott H., GSB Chair 9-9:20 AAWS Corporate Board – Clint M., Non-Trustee Director 9:20-9:40 Your General Manager - Bob W., GM, GSO 9:40-10 GSO Staff – Rainer L., Literature Assignment 10-10:15 Q&A	
10:15-10:30 Break	
10:30-11:15 General Service Board Presentation Moderator Joyce S., ECRT AA Around the World – Marita R., Trustee at Large US	
11:15-12:30 General Sharing Session Moderator Scott H., GSB Chair	
12:30-2 Lunch	
2-5:30 p.m. Afternoon Session	
2-3 Workshops	Location
1. The General Service Structure and How We All Work Together – Marietta M., Area 81, New Brunswick/ PEI Int'l Ballroom In English with French Interpretation	
2. Love and Tolerance – Dwayne M., Area 82, Nova Scotia/ NFLD/ LAB Chaudiere	
3. Attracting Young People in AA – Alan W., Area 84, NE Ontario LeBreton	
4. Grapevine, Carrying the Message in a Digital Age – Chris C. AA Grapevine Publisher Pinnacle	
3-3:15 Break	RETURN TO THE INT'L BALLROOM
3:15-4:15 AA Grapevine/La Viña Presentations Moderator Bob W., GM, GSO 3:15-3:35 Grapevine/La Viña Board - David S., GSB Trustee 3:35-4 Grapevine/La Viña Publisher - Chris C., AA Grapevine Publisher 4-4:15 Q&A	
4:15-4:30 Break	

4:30-5:30 General Service Board Presentation Moderator Bob W., GM, GSO 4:30-5:15 GSB Treasurer – Kevin Prior, Class A Trustee 5:15-5:30 Q&A	
5:30-7:30 Dinner	
7:30-9:30 p.m. Evening Session	
7:30-8:30 p.m. Workshops	Location
1. Online Meetings and Contributions to the Seventh Tradition – Céline L., Area 88, SE Quebec Int'l Ballroom In French with English interpretation	
2. General Service Conference Process – Dan D., Area 86, W. Ontario Chaudiere	
3. Safety and Security in A.A. groups – Tammy S., Alt Delegate Area 86 LeBreton	
4. Balancing our Primary Purpose with Inclusivity – Amy L., Alt Delegate Area 83 Pinnacle	
8:30-8:40 Break	
8:40-9:30 p.m. Grand Ballroom	
8:40-9:05 It's "A" Class Act Moderator Joyce S., ECRT Sister Judith Ann Karam, Class A Trustee	
9:05-9:30 2025 International Convention – Brief Update Bob W., GM, GSO International Convention Skit Cast of Characters	
9:30 Session Closes	

FAQ to help have a Great Regional Forum Experience

Questions	Answers
What should I bring?	Service Manual (optional), pen, paper, water bottle, snacks.
When does pre-registration close?	You can pre-register until 12 p.m. the Wednesday before the start of the forum.
Can I register on- site?	Yes. Registration will open Friday 3 – 8 p.m. Saturday from 8:30 am-8p.m. and Sunday 8:30-9a.m.
How does the Ask it Basket work?	At the event you can either submit a handwritten question or there will also be a virtual Ask-It-Basket.
Can I see what is on the Forum program?	Yes. The forum program can be found at https://www.aa.org/regional-and-local-forums
Are meals served at the Forum?	No. Meals are not provided.
Will coffee or snacks be provided?	The local volunteer committee may decide to have a Hospitality Suite or provide coffee. Please plan to bring your own beverages and snacks just in case.
Can a non-AA member come to a Forum?	Yes. The Regional Forum is open to friends of A.A.

Please contact Eileen A. at regionalforums@aa.org or Charlene at regionalforumssa@aa.org with any questions.